

SLIDE PASS PROTECTION

Just give gap responsibility away from side where RB blocks. If you are covered & teammate in the direction you are sliding is uncovered - stay square on 1/2 of man on you to the direction you are sliding to give BODY PRESENCE to man sliding towards you (& so that your block won't be wasted) as you KEEP YOUR EYES on the LB in direction you are sliding, so you can take him IF he comes. If teammate in the direction you are sliding was covered - slide to him right away.

Believe me - that is all there is to it!

That is the TECHNIQUE. The actual rules are ultra-simple: NOTE: "ON SIDE" = side RB blocks!

ON T: Onside B Gap

ON G: Onside A Gap

CTR: Offside A Gap

OFF G: Offside B Gap

OFF T: Offside C Gap

RB: Block first man on or outside on ON T.

IF a 1 TE is involved - we normally slide TOWARD him making him resp. for OFFSIDE D GAP! If 2 TE's are involved - the ON TE blocks Onside C Gap & OFF TE blocks same as last sentence.

REMEMBER: This is a ZONE protection, & vs. all "Zone Dogs", "Twists", etc. - you zone it off!

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